



Northern Family Health Society

Family Resource Centre Resource Catalogue (Books)

Revised: September 2005

A COLLECTION OF STRATEGIES FOR TEACHERS OF STUDENTS WITH FAS/E
ISBN # **1 copy** **Reference Keys C-F-S-SE-W**

Many teachers only learn of fetal alcohol syndrome when they are faced with an alcohol-affected child in their classroom. This book is designed to provide readers with a short introduction to FAS/FAE as well as some frequently asked questions about its effect in the classroom.
Printed 1998

**A HANDBOOK FOR HEALTH AND SOCIAL SERVICES PROFESSIONALS
RESPONDING TO ABUSE DURING PREGNANCY.**
ISBN # 0-662-27295-1 **1 copy** **Reference Keys C-I-S-SE**

The purpose of this handbook is to provide an educational resource for health and social service professionals who are providing services to women who are abused during pregnancy. The information in this handbook will help professionals to identify and appropriately respond to the needs of women who are abused during pregnancy.
Printed 1999

**A LAYMAN'S GUIDE TO FETAL ALCOHOL SYNDROME AND POSSIBLE FETAL
ALCOHOL EFFECTS.**
ISBN # **1 copy** **Reference Keys D-SE**

This booklet will let you know something about the history of alcohol related birth defects; understand how and why they occur. It helps with the diagnosis and associated findings and to have medical terms explained in plain English.
Printed

**A PRACTICAL NATIVE AMERICAN GUIDE FOR CAREGIVERS, ADOLESCENTS AND
ALULTS WITH FETAL ALCOHOL SYNDROME AND ALCOHOL RELATED
CONDITIONS.**
ISBN # **1 copy** **Reference Keys C**

This guide is a major step in providing empowering information to parents, grandparents and other caregivers, health and social service workers. This information is based on current documented knowledge about the disease and its implications in child development and child rearing. It is presented utilizing the Native tradition of oral history and story telling. It also engages healing images that have traditionally promoted wellness and health in Native communities.
Printed

ABOUT FAS/E LOSS AND GRIEVING

ISBN #

1 copy

Reference Keys C-I-SE

This is a quarterly newsletter for individuals with FAS/E and their families; there is a myriad of losses that are experienced throughout one's lifetime. This newsletter goes through the 5 stages. The key to coping with these feelings may lie in one's ability to recognize and address these losses in a positive manner.

Printed 2001

ADDRESSING THE NEEDS OF THE DEVELOPMENTALLY DELAYED SEX OFFENDERS.

ISBN #

1 copy

Reference Keys C-I-S-SE

A guide that is intended for individuals who work with developmentally delayed persons, including service providers, mental health professionals, lawyers, police, court officials, child welfare workers and volunteers, as well as clients and their families. The goals of the guide are to provide conceptual frame work in which to view the problematic sexual behavior, to review the research literature and to describe the characteristics of developmentally delayed individuals who demonstrate sexually inappropriate and/or offensive behavior.

Printed 2000

ADHD/ADD

ISBN #

1 copy

Reference Keys A-G-W

Information in binder form from Special Needs Adoptive Parents (SNAP) workshops; CHADD; and Intersect.

Printed

ADOPTION, ADVOCATING, AUTISM:

ISBN #

1 copy

Reference Keys A-D-G-SE

This binder has a variety of other medical problems. It has a variety of newsletters and resource information.

Printed 1992

ADULT CHILDREN OF ALCOHOLICS:

ISBN # 0-932194-15-X

1 copy

Reference keys S-SE

This book is written to, and for adult children of alcoholics. To use as a self-help or clinical guide in working toward individual growth and as a basic for discussions groups of adult children of alcoholics.

Printed 1981

CHALLENGES AND OPPORTUNITIES: A HANDBOOK FOR TEACHERS AND STUDENTS.

ISBN # 1-55031-500-5

2 copies

Reference Keys C-I-S-SE

A handbook of special needs with a focus on Fetal Alcohol Syndrome (FAS) and partial Fetal Alcohol Syndrome. It is intended for anyone who teaches students who are having difficulty coping in the classroom. While it focuses on children who have been prenatally exposed to alcohol it provides practical, easy to implement teaching strategies that would benefit all students who face educational (learning disabilities, English as a second language) or behavioural challenges.

Printed 1999

CHANGING FOR GOOD;

ISBN #

1 copy

Reference Keys C-S-SE

Change does not depend on luck or will power, but occurs in six predictable stages: examples, anecdotes and self-awareness techniques spur insights and affirmation. Whether your goal is to lose weight, stop smoking or drinking or end other self-defeating or addictive behaviours, changing for good and help you get there.

Printed

“CHEERS! Here’s to the Baby” A birth mother’s discovery of fetal alcohol syndrome.

1 copy

Reference Keys I-SE

In this book, birth mother Linda reveals life’s turmoil that made it possible for a caring loving mother of six to come to rely on alcohol for personal stability, and how the absence of knowledge that alcohol was poison for the fetal brain, made her unknowingly damage her last child. Here she shares her interplay of alcohol abuse, violence and co-dependence. Linda’s story is a gift for all who work to help parents and families understand FAS and how alcohol impacts family, friends, co-workers and all who surround them.

Printed 1990

CHILD TO CHILD IMPLEMENTATION GUIDE

ISBN #

1 copy

Reference Keys C-I-SE

For elementary school teachers, it focuses on the training of teachers in the child to child approach, and then encouraging them to work in partnership with the community in its’ implementation.

Printed 1996

CHILDREN WHO WITNESS ABUSE: (C.W.W.A.) PROGRAM.

ISBN #

1 copy

Reference Keys C-I-S-SE

This booklet is for children and adolescents who have been exposed to family violence- part of the Phoenix Transition Society.

Printed

C.I.H.R. 2000: SEX, GENDER AND WOMEN'S HEALTH

ISBN #

1 copy

Reference Keys D-G-S

An analysis of sex, gender and women's health and their relationships to health research that is now recognized as good science. This information is in booklet form.

Printed

COCAINE ADDICTION: TREATMENT AND RECOVERY AND RELAPSE PREVENTION.

ISBN # 0-393-30715-8

1 copy

Reference Keys C-I-S-SE

The purpose of this book is to provide any interested reader with a step by step description of effective treatment for cocaine addiction. This book can serve as an informative guide to the treatment process. The major purpose of this book is to help the reader funnel clinical knowledge and experience into a model of treatment that works. It takes the reader through the successive steps of assessment, treatment, planning, establishing initial abstinence, preventing relapse and laying the foundation for long-term recovery.

Printed 1989

COMMUNITY ACTION GUIDE: WORKING TOGETHER FOR THE PREVENTION OF FETAL ALCOHOL SYNDROME.

ISBN #

1 copy

Reference Keys G-SE-W

The purpose of this guide is to support those interested in working on the prevention of Fetal Alcohol Syndrome (FAS) in communities across British Columbia. In this guide you will find other disabilities related to alcohol and other drug use during pregnancy. Interventions that work for children, youth and adults living with FAS. Information that supports increased understanding of women's use of alcohol and other drugs. Information on working with women to prevent FAS and information on planning effective community based initiatives to prevent FAS.

Printed 1998

COUNSELLING SKILLS FOR SOCIAL WORKERS

MN0152

1 copy

Reference Keys I-L-SE

The goal of this counselling book is to present theory, examples and practice opportunities for students of counselling to develop the basic skills and attitudes necessary for success in the social work field.

Printed 1991

DAY BY DAY: Daily meditations for recovering addicts.

ISBN # 0-89486-016-X

1 copy

Reference Keys C-S

This book was written by a young people's group in Denver and this book is the product of their effort to speak directly to young alcoholics and addicts. The result is an eloquent message about living one day at a time, which speaks in a meaningful way to all generations. The book is kept at the main desk of Healthiest Babies.

Printed

FANTASTIC ANTONE GROWS UP.

ISBN # 1-889963-11-9

1 copy

Reference Keys C-S-SE

This book is about adolescents and adults with Fetal Alcohol Syndrome and their daily struggles and victories. It also tells us how parents cope and help them. It has some case histories.

Printed 2000

FANTASTIC ANTONE SUCCEEDS

ISBN # 0-912006-71-4

1 copy

Reference Keys SE-W

This book is written for everyone who works with alcohol affected children and their families. It is the first major step forward in helping parents and teachers to help the unfortunate victims of alcohol exposure.

Printed 1993

FAS/E: A STANDARD OF CARE FOR TODDLERS, CHILDREN, ADOLESCENTS AND ADULTS.

ISBN #

1 copy

Reference Keys C-S-SE

This book has gathered and developed experiences based on practical information from hundreds of generous families raising children with FAS/E. This standard of care will identify the developmental characteristics families have seen in their children with FAS/E and sources of burnout for parents. The standard of care also has age appropriate intervention e.g. Sleep disorders, failure to thrive, lack of friends, education, learning, potty training and rage.

Printed 1990

FAS/E AND EDUCATION: THE ART OF MAKING A DIFFERENCE.

ISBN #

1 copy

Reference Keys C-F-I-S-SE

This booklet answers questions often asked by parents about their child's schooling. It is the first step in a long learning process and provides basic information needed to work within the school system.

Printed 1997

FAS/FAE,NAS FROM SNAP:

ISBN #

1 copy

Reference Key G-SE-W

Binder information of workshops and conferences.

Printed 1993

**F.A.S. FETAL ALCOHOL SYNDROME/EFFECTS: PARENTING CHILDREN
AFFECTED BY FETAL ALCOHOL SYNDROME- A GUIDE FOR DAILY LIVING**
ISBN # 0-9698617-0-2 1 copy Reference Keys C-S-SE-W

It is a booklet published by The Society of Special Needs Adoptive Parents (SNAP) in response to the many requests from parents and professionals caring for children affected by FAS/E. It contains brief facts about FAS/E and guidelines for parenting FAS/E children through daily tasks.
Printed

**FAS: Tool Kit
Blue Duo Tang 1 copy Reference Keys D-C-F-S-SE**

This is a very helpful booklet. It starts with the Diagnosing of Alcohol affected children and explains the various stages of FASD.

**FASD: Strategies not Solutions
Yellow Duo Tang 1 copy**

A booklet of strategies to educate caregivers and the community in managing the behaviours associated with FASD.

**FASNET SCREENING TOOL FOR USE WITH ADULTS (19 YEARS OF AGE AND
UP).**
ISBN # 0-9683452-1-2 1 copy Reference Keys D-I

The tools were developed to meet a need identified by both parents and professionals for information.
Printed 1995

FEED YOUR HEAD: some excellent stuff on being yourself.
ISBN # 0-89486-755-5 1 copy Reference Keys S-SE-W

This book won't fix your big problems, change the world overnight, make you rich, cure disease, or get your room cleaned, reading about how to make a life isn't the same as going out and doing it. This book will give you some new ideas, let you learn from other young people's experiences, help you ask the right questions, let you know you are not alone, encourage you to love and respect yourself, suggest some skills to develop and most importantly encourage you to reach out for help when you are up against more than you can handle.
Printed 1991

FETAL ALCOHOL SYNDROME:
ISBN # 1 copy Reference Keys G-I-SE

Materials from California urban Indian Health Council Inc. It is a FAS Community Education Kit with a training manual, kit script and resource guide.
Printed 1991

FETAL ALCOHOL SYNDROME: A GUIDE FOR FAMILIES AND COMMUNITIES.

ISBN # 1-55766-283-5
SE

2 copies

Reference Keys C-I-S-

This book will be a vehicle for parents and professionals to use in working together to help children with FAS/FAE. If you know of a child you think might have FAS or FAE, whether in a familial, a professional or a community relationship-this book is for you.

Printed

FETAL ALCOHOL SYNDROME A TIME FOR ACTION

ISBN #

1 copy

Reference Keys G-L

A review of the status of Fetal Alcohol Syndrome in the State of Alaska. What the data shows us, what has been accomplished to date recap and recommendations from the FAS summit Nov. 5, 1997.

FETAL ALCOHOL SYNDROME: ALCOHOL RELATED NEURODEVELOPMENT DISORDER.

ISBN #

1 copy

Reference Keys A-C-S-SE-W

Information in a five part set for parents and professionals on aspects of FAS and ARND. Each set is designed to help guide discussions and support development of appropriate techniques at home, school and in the community.

Printed 1999

FETAL ALCOHOL SPECTRUM DISORDER AND EMPLOYMENT SUPPORTING ADULTS WITH FASD ON THE JOB.

ISBN # 0-9683453-1-X

1 copy

Reference Keys C-S-Se

A small booklet sharing findings and information gathered through the "Supporting Adults with FASD on the Job" project. Maybe used as a companion text for the video Supporting Adults with FASD on the Job.

FETAL ALCOHOL SYNDROME AND FETAL ALCOHOL EFFECT RESOURCE GUIDE FOR ABORIGINAL COMMUNITY WORKERS.

ISBN #

1 copy

Reference Keys C-F-L-S-SE

This resource guide has been developed to assist aboriginal community workers in their work around FAS/FAE and has been specifically designed to provide relevant and as current as possible resources on FAS/FAE. This resource guide includes introductory information to FAS/FAE which includes various definitions and terms.

Printed.

FETAL ALCOHOL SYNDROME AND THE CRIMINAL JUSTICE SYSTEM

ISBN # 0-9693767-2-3

3 copies

Reference Keys-J

This book provides information about people with Fetal alcohol syndrome and Fetal alcohol affects in the criminal justice system. Judges, Lawyers, Probation and Parole Officers, those working within the legal system, individuals and their families will find this tool and excellent resource. Recommended reading for all people who work in the criminal justice system. Readers of this book will learn a great deal about FASD and will be quick to see the challenge it presents to the traditional Criminal Justice process.

Printed 2000

FETAL ALCOHOL SYNDROME AND WOMEN'S HEALTH: Setting a women centered research agenda- Final Report.

ISBN #

1 copy

Reference Keys G-L-W-SE

A photocopied booklet of summaries of discussions and recommendation arising from a 3 day workshop hosted by B.C. Centre of Excellence for Women's health in Vancouver, B.C. on May 5th, 6th, and 7th, 2002.

Printed

FETAL ALCOHOL SYNDROME COMMUNITY MIND MAPPING PROJECT.

ISBN #

1 copy

Reference Keys G-I-S-SE-W

Mind mapping, can be seen as a form of brain storming. It is also used to determine a community's response toward a specific topic. The results from the mind mapping sessions are presented in detail in this report.

Printed 2000

FETAL ALCOHOL SYNDROME: DIAGNOSIS, EPIDEMIOLOGY, PREVENTION AND TREATMENT

ISBN #0-309-05292-0

1 copy

Reference Keys D-SE.

Alcohol produces by far the most serious neurobehavioral effects in the fetus when compared to other drugs and including heroin, cocaine and marijuana. Annual cost estimates for FAS and related conditions in the United States range from \$75 million to \$9.7 billion. A constellation of findings in the infant that are referred to as Fetal Alcohol Syndrome. Informative case histories included. Audience is mostly the professional reader.

Printed 1996.

FETAL ALCOHOL SYNDROME/EFFECT: DEVELOPING A COMMUNITY RESPONSE.

ISBN # 1-55266-011-7

2 copies

Reference Keys F-L-S-SE-W

The issues and challenges associated with developing effective services for people in Northern and remote communities. There are no easy solutions, but understanding the nature of the problem and the essential resource requirements are first steps toward effective management.

Printed 1999

FETAL ALCOHOL SYNDROME/EFFECTS AND CHILDREN IN THE SYSTEM.

ISBN #

1 copy

Reference Keys C-S-SE

Includes effective communication for comprehension, structure, what, where, when, why and how: Supervision and safety.

Printed 1993

FETAL ALCOHOL SYNDROME (FAS) PREVENTION AWARENESS PRESENTATION KIT: for high school and young adult age groups.

ISBN #

1 copy

Reference Keys I-L-S-SE

Remembering what we know uses traditional Native American perspective on the universal problem of Fetal alcohol Syndrome. The 7th generation refers to a Law of the Iroquois Confederacy which states “In our every deliberation we must consider the impact of our decisions on the next seven generations

Printed 1998

FETAL ALCOHOL SYNDROME/FETAL ALCOHOL EFFECTS.

ISBN # 0-89486-951-5

2 copies

Reference Keys C-D-S-SE

This book is strategies for professionals and provides information on Fetal alcohol syndrome, FAS and Fetal alcohol effects, FAE to help support professionals in their work with clients. This book presents a framework for understanding the daily challenges faced by people with FAS/FAE and provides guidelines for educating clients about FAS/FAE. It also discusses strategies for working with these clients, beginning with identifying and understanding the source of their difficulties.

Printed 1993

FETAL ALCOHOL SPECTRUM DISORDER and employment supporting adults with FASD on the job.

ISBN# 0-9683453-1-x

1 copy

Reference Keys C-S

A small booklet sharing findings and information gathered through the “Supporting Adults with FASD on the Job” Project. Maybe used as a companion text for the video “supporting Adults with FASD on the job.”

FETAL ALCOHOL SYNDROME: WHAT YOU SHOULD KNOW ABOUT ALCOHOL AND PREGNANCY.

ISBN #

1 copy

Reference Keys P-S-SE

This booklet was prepared for teens to create awareness and provide information about Fetal Alcohol Syndrome.

Printed

GROUNDING IN HOPE: OUR COMMUNITY'S POLICY RESPONSE TO FETAL ALCOHOL SYNDROME

ISBN #

2 copies

Reference Keys C-I-S-SE

This binder was put together by the front line health and social services workers, managers, people affected with FAS and those who care for people affected with FAS. This record of Prince George's history and involvement, working with Fetal Alcohol issues containing not only the facts and information that we all need to do effective work but most importantly it contains the voices and hopes of the people who stand to lose or gain most in the future development of services and support to FAS individuals in Prince George.

Printed 1998

GUIDELINES FOR PRENATAL CARE OF SUBSTANCE USING WOMEN AND THEIR INFANTS.

ISBN #

2 copies

Reference Keys G-P-S-SE-I

The guidelines in this manual include information on general principles, risks, clinical management of prenatal care for women substance users, discharge planning for mothers and their newborns, and clinical management specific to various drugs.

Printed 1999

HANDBOOK TO HIGHER CONSCIOUSNESS

ISBN #0-9600688

1 copy

Reference Keys C-S-SE-W

A wonderful thing about life is that it is naturally good. Life is set up to work to produce love, fulfillment and happiness continuously. However various situations during the first years of life condition us in the methods of consciousness which continually generate unhappiness in our lives, yet every current experience can aid us in our growth toward higher consciousness if you know how to use it. This handbook will explain how you have been creating the experiences that you have and show how to break out of traps of your mind.

Printed 1975

HANDLE WITH CARE: HELPING CHILDREN PRENATALLY EXPOSED TO DRUGS AND ALCOHOL.

ISBN # 1-56071-077-2

1 copy

Reference Keys L-P-S-SE-W

This booklet has many helpful suggestions for teachers, parents and other care providers of children to ages 10 years.

Printed 1992

HEALTH CARE DECISIONS: YOUR RIGHTS AND THE NEW LAW.

ISBN #

1 copy

Reference Keys G-SE

It explains a new law that deals with giving your consent (your permission) to receive health care.

Printed 2001

HEARING (WOMEN'S) VOICES- MENTAL HEALTH CARE FOR WOMEN
ISBN # 1-894356-01-2 **2 copies** **Reference Keys P-S-SE**

This ring booklet on women's health cannot be understood in isolation from the social conditions of our lives. The difference between men's and women's experiences of mental health concerns, and in particular, the links between social conditions and women's mental health have been well documented.

Printed 1999

HORIZONS THREE: Young Canadian's Alcohol and drug use: Increasing our Understanding.

White 3 ring binder **1 copy**

This publication is highlights from the original report "Guidelines for assessing the use of alcohol and other psychoactive drugs among young people. "It has been written in a non-technical style to encourage use by a wide variety of readers.

I OPENERS:

ISBN # 0-9696944-0-7 **2 copies** **Reference Keys C-G-SE-W**

Parents ask questions about sexuality and children with developmental disabilities.

Printed 1993

IDENTIFICATION AND CARE OF FETAL ALCOHOL EXPOSED CHILDREN.
A guide for Primary Care Providers.

NIH # 99-4369 **1 copy** **Reference Keys C-I-S-SE**

This guide provides clinicians with office based screening and intervention protocols for the detection of fetal alcohol syndrome (FAS) alcohol related birth defects (ARBD) and alcohol related neurodevelopmental disorder (ARND).

Printed

IDENTIFICATION OF AT-RISK DRINKING AND INTERVENTION WITH WOMEN OF CHILD BEARING AGE – A Guide For Primary Care Providers

NIH # 99-4369 **Reference Keys S-F-W**

This booklet provides clinicians with office based screening and intervention protocols to reduce drinking in women of child-bearing age and to prevent maternal alcohol use during the prenatal period. This guide is specifically designed for: Obstetricians, Family Physicians, Internists, advanced practice nurses, and Physicians assistants who care for women. Clinicians who have limited clinical expertise in the prevention and treatment of alcohol use disorders will find the guide especially helpful.

Printed

INCLUSIVE EDUCATION: A PARENT HANDBOOK

ISBN #

1 copy

Reference Keys C

This handbook is offered as yet one more tool to assist you in understanding educational issues, structures and other information that can aid you in advocating for your child.

Printed 1999

IT TAKES A COMMUNITY:

ISBN # 0-662-25944-0

2 copies

Reference Keys C-D-I-S-SE

Framework for the First Nations and Inuit Fetal Alcohol Syndrome and Fetal Alcohol effects Initiative. A resource manual for community based prevention of Fetal alcohol Syndrome and Fetal Alcohol effects.

Printed 1997

JOINT STATEMENT ON SHAKEN BABY SYNDROME

ISBN # H39-5961/2001

1 copy

Reference Keys C-I-S-SE

A booklet for professionals who work in areas of health, child welfare, police services, justice, education, social services, government organizations, communities and interested members of the general public. Shaken baby is a preventable tragedy. The purpose of the joint statement on Shaken Baby is:

- 1) create a common understanding
- 2) to stimulate the development of effective ongoing local and national prevention strategies.
- 3) To encourage the provision of support for affected children and families.

Printed 2001

KNOW YOUR RIGHTS: UNDER THE CHILD, FAMILY AND COMMUNITY SERVICES ACT.

ISBN #

1 copy

Reference Keys G-S-SE-W

A booklet guide for young people in care. It explains your rights under the act, and how they affect you. It also tells you what you can do if you feel your rights are not being respected

Printed .

LIVING WITH FASD

ISBN #0-914539-19-1

4 copies

Reference Keys C-I-F-S

A guide for parents. This is an excellent resource for both parents and professionals. The advocacy tool section is especially helpful.

LIVING AND WORKING WITH FAS/EFFECTS.

ISBN # 0-9686185-0-2

1 copy

Reference Keys C-S-SE

Documentation of experiences of the parents and caregivers, is the essence of this publication. The text acknowledges the skill and sensitivity of efforts to achieve positive outcomes for children with Fetal alcohol syndrome and their families.

Printed 1999

LIVING WITH ATTENTION DEFICIT HYPERACTIVITY DISORDER.

ISBN #

1 copy

Reference Keys A-C-S-SE

This booklet has been prepared to help parents, teachers, caregivers and children understand Attention Deficit Hyperactivity Disorder and how to cope with ADHD symptoms and behavior.

Printed 1998

LONELINESS

ISBN #61- 13531

1 copy

Reference Keys S-E

The basic message in this book is that Loneliness is a condition of human life, an experience of being human which enables the individual to sustain, extend and deepen his humanity. This book is not a comprehensive study, but is a selection of lonely experiences and lonely persons, along with commentary on some of the conditions which happen in life and precipitate man's loneliness.

Printed 1961

MOTIVATIONAL INTERVIEWING- PREPARING PEOPLE TO CHANGE ADDICTIVE BEHAVIORS.

ISBN # 0-89862-469-X

1 copy

Reference Keys S-SE

This book represents one aspect of the larger topic of change. What this book hopes to offer is a clear understanding of how people can be trapped by ambivalence, and how those who want to help them can strengthen their motivation for change. The audience this book addresses consists of professional colleagues, counsellors, and psychologists, members of the clergy, social workers, physicians, nurses and any others whose work includes the therapeutic engagement with people in need of change

Printed 1991

NURTURING CHANGE Working effectively with high risk women and affected children to prevent and reduce harms associated with FASD

Blue Binder

1 Copy

Reference Keys P-C-SE

This manual was written to enhance the skills of service providers working in prenatal and early childhood settings.

Printed 2004

OUR FASCINATING JOURNEY

In 1999 Liz was diagnosed with prenatal exposure to alcohol. For her family it was an answer to many unanswered questions regarding her behaviour and abilities, for Liz it was an opportunity to begin to learn to cope with her disability instead of believing she was bad. Liz takes you on her journey as a young adult through the murk and mire of misunderstandings and confusion. Through the distortions of living with a miswired brain and a compromised body in a covering of flesh that looks like nothing is wrong.

Printed

PARENTING CHILDREN AFFECTED BY FETAL ALCOHOL SYNDROME- A GUIDE FOR DAILY LIVING.

ISBN # 0-9698617-5-3

7 copies

Reference Keys C-F-S-SE

This book will help parents of FAS/FAE children and professionals working with them to obtain what they need: information and education, support and understanding, referrals and services.

Printed 1994

PARENTING WISELY CD-ROM Now in the lending library.

PARENTS IN ABORIGINAL HEAD START.

ISBN #

1 copy

Reference Keys C-S-SE

This handbook is designed to direct, support and encourage Aboriginal Head Start staff and parents as they work together to provide the best experiences possible for children and families. In building capacity and self-esteem of parents, the Aboriginal community is rebuilt.

Printed 2000

PERSONAL STEPS TO A HEALTHY CHOICE: A WOMEN'S GUIDE.

NIH Pub. # 00-4370

1 copy

Reference Keys I-SE-W

If you are drinking too much, this booklet suggests steps you can take to cut down or quit in order to improve your life and health.

Printed

PREVENTION AND DIAGNOSIS OF FETAL ALCOHOL SYNDROME (FAS).

Reference Keys G-SE

This is a pamphlet available at the resource office.

REACHING OUT TO CHILDREN WITH FAS/FAE/

ISBN #

1 copy

Reference Keys C-F-S-SE

A handbook for teachers, counselors and parents who work with children affected by Fetal Alcohol Syndrome and Fetal Alcohol Effects.

Printed

REDUCING THE RISK— STD AND HIV

ISBN # 1-56071-147-7

1 copy

Reference Keys I-S-SE

Reducing the risk was developed with the specific intent of influencing adolescent sexual and drug behaviours. This curriculum is designed to be embedded in the context of a comprehensive family life or health education program, and in particularly appropriate in communities where there are high rates of teen pregnancy, drug use and sexually transmitted diseases.

Printed 1993

RESEARCH ON NATIVE ADOLESCENTS AND SUBSTANCE ABUSE:

ISBN #

1 copy

Reference Keys C-I-S-SE

PART A: deals with the needs of native adolescents and implications for intervention and treatment.

PART B: the extent of substance abuse among native American adolescents.

PART C: the nature of substance abuse.

PART D: the children of alcoholics and FAS.

PART E: the role of culture in treatment of adolescent substance abusers.

PART F: the cultural congruence model promoting native mental health.

PART G: effectiveness of intervention/treatment programs: a summary.

PART H: The existing programs of substance abuse for natives.

Printed 1992

REVIVING OPHELIA-SAVING THE SELVES OF ADOLESCENT GIRLS

ISBN # 0-345-39282-5

2 copies

Reference Key – S

This is one of the most talked about books in America It provides a dynamic discussion starter for classes from high school through college, as well as for parents, teachers, youth and civic groups. At adolescents, says Mary Pipher, "girls become 'female impersonators' who fit their whole selves into small crowded spaces." Many lose spark, interest, and even IQ points as a "girl-poisoning" society forces a choice between being shunned for staying true to oneself and struggling to stay within a narrow definition of female. Pipher's alarming tales of a generation swamped by pain may be partly informed by her role as a therapist who sees troubled children and teens, but her sketch of a tougher, more menacing world for girls often hits the mark. She offers some prescriptions for changing society and helping girls resist.

Printed 1995

SAFE BABIES: A CAREGIVERS GUIDE TO DAILY CARE FOR INFANTS EXPOSED PRENATALLY TO ALCOHOL AND DRUGS.

ISBN #

1 copy

Reference Keys C-I-S-SE

A general guide with information that focuses on daily hands on care of the infant. This handbook does not contain detailed information on medical withdrawal of the infant or comprehensive information on FAS or FAE or NAS. Appendix has helpful website and resource information.

Printed 2000

SATISFYING JUSTICE: SAFE COMMUNITY OPTIONS THAT ATTEMPT TO REPAIR HARM FROM CRIME AND REDUCE THE USE OR LENGTH OF IMPRISONMENT.

ISBN # 0-662-24516-4

1 copy

Reference Keys J-SE

What people want is "Satisfying Justice" a response to crime that takes victims seriously and helps them heal, a response that calls offenders to account and deals with them effectively.

Printed 1996

SEES NO DANGER AND WANDERS AFAR (See after THE LITTLE MASK)

SMOKE SCREEN; WOMEN'S SMOKING AND SOCIAL CONTROL

ISBN # 1-85727-058

1 copy

Reference Keys G-I-SE

This book challenges the established medical/health model of tobacco control. Written from a feminist perspective, Smoke Screen looks at the range of ways in which tobacco affects women. This book argues for a women centered approach to smoking prevention and cessation programs. This book is highly recommended for anyone who is involved in Tobacco control.

Printed 1996

SOLVENT ABUSE:

1 copy

Reference Keys S-SE

Photocopy in a duo-tang on the reference shelf. It is a story about Ann and Bill a brother and sister, written from the 10 year old sister's view about Billy sniffing gas.

Printed 1981

SPECIAL DELIVERY: A SIMPLE GUIDE FOR PARENTING SUBSTANCE EXPOSED BABIES.

ISBN #

13 copies

Reference Keys C-S-SE

This special Delivery guide will help you take care of a substance exposed baby. It has been written in a simple, easy to read style and will be useful for both birth mothers and other caregivers.

Printed 2001

TAD AND ME – HOW I FOUND OUT ABOUT FETAL ALCOHOL SYNDROME.

ISBN # 0-89486-739-3

1 copy

Reference Keys D-SE

An easy reading fictional book about Tina and Tad who become good friends as seventh graders. New to Centerville Tad looks and acts different from other people. Tina tries to learn why and discovers a way to help the entire town.

Printed 1991

TEACHING FOR THE PREVENTION OF FETAL ALCOHOL SPECTRUM DISORDER (FASD).

ISBN # 0-7785-1344-0

1 copy

Reference Keys SE-W

Grades 1-12, a binder photocopy:

A resource for teachers and Health, Life skills and career and life management.

Printed 2002

THE 1993-94 RESOURCE LISTING OF PARENTING PROGRAMS USED BY THE FIRST NATIONS AND THE INUIT.

ISBN #

1 copy

Reference Keys C-S

A spiral notebook of organized and practical information on parenting programs sensitive to First Nations People. Programs available and programs under development.

Printed

THE ANXIETY AND PHOBIA WORKBOOK.

ISBN # 1-57224-003-2

1 copy

Reference Keys S-SE-W

It is quite possible to overcome your problem with panic, phobias, or anxiety on your own through the use of the strategies and exercises presented in this workbook. Yet it is equally valuable and appropriate if you feel so inclined to use this book as an adjunct to working with a therapist group treatment program.

Printed 1995

THE BEAT OF A DIFFERENT DRUM:

ISBN #

1 copy

Reference Keys C-S

This coil book is an aboriginal cross-cultural hand guide for child care workers. The goal of this hand guide is to assist CAPC Coalition workers with a useful and accessible hand guide designed to provide helpful advice about delivering services in a way that respects the cultural traditions of off-reserve at risk aboriginal children (0-6) and their families.

Printed

THE B.C. HANDBOOK FOR ACTION ON CHILD ABUSE AND NEGLECT.

ISBN #

1 copy

Reference Keys C-I-S-SE

A handbook intended for service providers-those who work regularly with children and/or families. It summarizes the key principles, laws and policies dealing with abuse and neglect of children in B.C. These policies are intended to prevent child abuse and neglect, and to lessen the harm to children and families when they do occur.

Printed 1998

THE BROKEN CORD
ISBN # 0-06-091682
SE

1 copy

Reference Keys C-F-I-S-

A heart warming and inspirational book of Adam's aboriginal history. It has appeal as the powerful and thought provoking story of the joys and the pain of parenting a child with special needs.

Printed 1990

THE CARING CIRCLE: FACILITATORS GUIDE TO SUPPORT GROUPS; based on the book Feed Your Head.

ISBN # 0-89486-850-0

1 copy

Reference Keys S-SE-W

This book is about caring. It's about the amazing power to nurture and heal that emerges whenever people join together in a caring and supportive context. While there are important skills and a degree of art to facilitating a safe support group, the process also seems to happen quite naturally. The circle of support and caring wants to unfold.

Printed 1992

THE CHALLENGE OF FETAL ALCOHOL SYNDROME-OVERCOMING SECONDARY DISABILITIES.

ISBN #0-295-97650

2 copies

Reference Keys L-G-SE-

W

A scholarly review of literature documenting the research of the past 20 years on the effects of prenatal alcohol exposure on intelligence, language, visual spatial functioning, verbal learning and memory, motor abilities and attention. Written for the academic.

Printed 1999

THE COURAGE TO HEAL- A GUIDE FOR WOMEN SURVIVORS OF CHILD SEXUAL ABUSE.

ISBN # 0-06-096931-8

1 copy

Reference Keys S-SE-W

In this book over two hundred survivors volunteered to be interviewed. Out of these we talked to 50 women in depth. Not everyone's story is told in entirety, but have included portions of each women's experiences. Also included are stories from the participants of the I NEVER TOLD ANYONE WORKSHOPS as well as workshops for partners and for counsellors. You will read about women who are at different stages of the healing process and women whose approaches to healing have varied.

Printed 1988

THE COURAGE TO HEAL WORKBOOK- for women and men survivors of child sexual abuse.

ISBN # 0-06-096437-5

1 copy

Reference Keys S-SE-W

Companion volume for the Courage to Heal Guide although you can use it without first having read the 1st book. Your specific needs and concerns will be addressed. A sensitively offered path in which to heal for survivors of incest and molestation.

Printed 1990

THE EXPLOSIVE CHILD – A NEW APPROACH FOR UNDERSTANDING AND PARENTING EASILY FRUSTRATED, “CHRONICALLY INFLEXIBLE” CHILDREN.

ISBN # 0-06-017534-6

1 copy

Reference Keys C-F-I-S-SE

This book is about helping inflexible easily frustrated, explosive children and their parents think and interact more adaptively, providing a more up to date conceptualization of such behaviour. Easy interesting reading of fictitious cases,

Printed 1998

THE INNER CHILD WORKBOOK: WHAT TO DO WITH YOUR PAST WHEN IT JUST WON'T GO AWAY.

ISBN # 0-87477-635-X

1 copy

Reference Keys C-I-SE

The concept of the “Inner Child” as a symbol of the wounded self is now part of the vernacular of the recovery movement. While this definition is partly true it overlooks a very important point. We don't have merely one child within, we have many! This book makes clear we should progress through a series of developmental steps from infancy to childhood to adolescents to adulthood. In a complete and readable way Cathryn the Author addresses the unmet needs and ongoing issues of each of these children within at each stage of development.

Printed 1991

THE LITTLE FOX: your special child between birth and 5yrs old.

ISBN #

1 copy

Reference Keys C-D-F-S-SE

This story was created to help you understand the health problems and behavior challenges of your special child from birth to ages 5 years, brought on by the effects of alcohol on their brain. This information in this story can help your child be their best.

Printed

THE LITTLE MASK: Your special child between the ages of 6-11 years old.

ISBN #

1 copy

Reference Keys C-D-F-S-SE

This story portrays two young raccoons with FAS/FAE who are left to fend for themselves after losing their parents in a tragic alcohol related accident. Focus is on ages six to eleven.

Printed

TOUGH KIDS AND SUBSTANCE ABUSE

ISBN # 11-894684-00-1

1 copy

Reference Keys A-I-SE

A drug awareness program for children and adolescents with ARND, FAS, FAE, AND cognitive disabilities. It is important to provide young people with substance awareness program which best supports their skills and needs and treats them as young adults not young children.

Printed 2000

TRAVELS IN CIRCLES: Your special child between 18-22 years old.

ISBN #

1 copy

Reference Keys C-F-S-SE

This story portrays a young puffin with FAS/FAE who is left to fend for himself after losing his parents in a tragic alcohol related accident. Focus is on ages 18-22 yrs. This story was created to help you understand the health problems, brought on by the effects of alcohol, and the behavior challenges your special child faces, as he or she becomes an adult.

Printed

TRYING DIFFERENTLY: A guide for daily living and working with FAS and other brain differences

ISBN#

7 copies

FASSY

A very informative practical booklet. Easy reading.

WE CARES: Facilitators Manual

Yellow Duo Tang

1 COPY

Reference Keys SE-W

This manual is designed to document the process of a one day workshop for front line staff working with adults who are affected by FASD. It is particularly appropriate for staff in services for the homeless.

WE CARES: A practical skills for front line workers working with adults affected by Fetal Alcohol Spectrum Disorder.

Yellow Duo Tang

1 copy

Reference Keys C-S-SE

This manual is especially designed for those working with people who are homeless or at risk of homelessness.

YOUNG ADULTS WITH FETAL ALCOHOL SYNDROME OR FETAL ALCOHOL EFFECTS: EXPERIENCES, NEEDS AND SUPPORT STRATEGIES.

ISBN #

1 copy

Reference Keys C-F-S-SE

Living with and caring for persons affected by Fetal alcohol is a life long challenge. Nevertheless, to date most research and practice related to FAS/FAE has been guided by child development, rather than life span development perspective. Consequently, many issues related to adolescence and adulthood, including pregnancy, parenting and developing independent living skills, have not been explored. In an effort to address some of the above issues, this project sought to examine the experiences and support needs of individuals and families who are dealing with age of majority transitions and/or parenting while affected by Fetal alcohol.

Printed 1996

YOUR CHILD! OUR FUTURE! FETAL ALCOHOL SYNDROME AND FETAL ALCOHOL EFFECTS.

ISBN #

2 copies

Reference Keys C-I-S-SE

This binder is designed to be a users guide to FAS/FAE information for planning and facilitating FAS/FAE programs. It is meant to help social providers (Drug and Alcohol workers, Educators, Health Workers, Child and Family Services Workers and so on) in Native communities to meet the growing demand for FAS/FAE information. The four levels of information addressed here are:

Level I General Public

Level II Junior and Senior high school students.

Level III Pregnant women and women of child bearing years.

Level IV Professional and paraprofessional service providers.

Printed

YOUR VICTORY: A HAPPY CHILD.

ISBN #

1 copy

Reference Keys S-SE

Supportive strategies for the staff of children's summer camps and recreation programs. Children with FAS behavior problems etc. successful solutions from parents of children with FAS and partial FAS.

Printed 2001