

GUIDING PRINCIPLES FOR WORKING WITH ADOLESCENTS AND ADULTS WITH FASD

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THINK

“Stretch toddler” (Sterling Clarren)

REMEMBER

“People with FASD will always need an external brain; the key words being ‘always’ and ‘external’” (S. Clarren)

UNDERSTAND

Disability is not the “chicken pox”

SHIFT

From “non-compliance” to a non-competence model

ACKNOWLEDGE

Intervention must be *useful to* and *usable by* the individual in order for it to *be* intervention

FOSTER

Inter-dependence: the “culture of dependency” does not apply in FASD

ACCEPT

People with FASD do the *best* they can with what they’ve got *at that time*

REFLECT

Respect

PROMOTE

Self worth

SUPPORT

Self esteem

BELIEVE

You can make a difference