

## **THE “S” SYSTEM FOR WORKING WITH FASD**

© Jan Lutke

<b>USE</b>	<b>PROMOTE</b>	<b>AVOID</b>	<b>CONSIDER</b>
Structure	Self esteem	Stress	Significance
Simplicity	Safety	Speeches	Severity
Support	Security	Spontaneity	Scope
Supervision	Self respect	Sporadic	Sorrow
Steps	Spirits	Stimulation	Stress
Schedule	Self worth	Speed	Situation
Slow pace	Social skills	Selection	Sleep
Silence	Social relationships	Scatter	Staying power
Short	Solutions	Set ups	Schooling
Specificity	Survival	Scared	Systems
Scripts	Straight and sober	Suffering	Sufficiency
Sameness	Support use	Solitude	Suggestions
Suitability	Setting realistic goals	Sensory overload	Secondary disabilities
Stop action	Success	Substandard health	Support systems
Strengths	Strengths	Strengths over dependence	Strengths