

Programs and Services

Association for the Neurologically Disabled of Canada

59 Clement Rd.

Etobicoke ON M9R 1Y5

Tel: (416) 244-1992; 1-800-561-1497 (toll free in Canada) Fax: (416) 244-4099

E-mail: info@and.ca Web Site: www.and.ca

Services: A.N.D. Canada provides functional rehabilitation programs to individuals with non progressive Neurological disabilities. The programs are home-based, non-institutionalized and are individualized to meet the needs of each client and family. Individuals with a broad range of disabilities, including fetal alcohol syndrome, may benefit from the program.

Canadian Association for Community Living (CACL)

Ms. Monica Misra, Kinsmen Building, York University Campus

4700 Keele St., North York ON M3J 1P3

Tel: (416) 661-9611 Fax: (416) 661-5701

E-mail: info@cacl.ca Web Site: www.cacl.ca

Services: CACL is Canada's national association dedicated to promoting the participation of people with intellectual disabilities in all aspects of community life. Please contact for information or referral to local associations and programs.

College of New Caledonia

545 Highway 16 West

Burns Lake, BC V0J 1E0

Tel: (250) 692-1700 Fax: (250) 692-1750

Website: www.cnc.bc.ca

Services: CNC has been addressing community issues around Fetal Alcohol Spectrum Disorder (FASD) since 1990. Several programs have developed as a result of an increased understanding of the multigenerational impact of FASD on individuals, families, communities and services.

Healthier Babies – Brighter Futures (HBBF): HBBF is a BC Building Blocks program focused on community FASD prevention and is the only one of its kind in Canada. A trained team of family support workers provide outreach to pregnant women at risk of alcohol and substance use, many who have FASD characteristics and behaviours. Workers provide intensive support and advocacy from prenatal to three years of age. HBBF provides FASD training and education for health, social service, justice and education agencies as well as business, industry and community groups. A snapshot of the client profile in December of 2002 revealed that many of the clients had significantly reduced their alcohol or drug use since intake; 81% maintained custody of their children; 69% of clients who had delivered babies were on reliable birth control for the first time in their lives.

Funded by: BC's Ministry of Children and Family Development

Focus Employment Program: The Focus Program is the first of its kind to provide employment and skills training specifically for adults with FASD. Students and faculty design individual education plans for mathematics and English upgrading, vocational skills training and personal skill development. To facilitate this process there are ongoing group discussions regarding FASD and its impact. Assistance and / or advocacy work with the justice system and social service agencies is also a critical component for student success in the program. This type of intervention has kept students out of jail and helped "at risk" parents maintain custody of their children. Training and awareness of FASD is provided to agencies and industry, often in conjunction with Healthier Babies – Brighter Futures.

Originally funded as a pilot project by: Human Resources Development Canada

Currently funded by: BC's Ministry of Advanced Education

Kids' Edge: This program offers assistance and referrals to children (prenatal to six years of age) with FASD and their families through work with individuals and groups. The FAS worker provides training, education, consultation and support to health, social service and educational agencies with a population health approach.

Funded by: Health Canada – Community Action Program for Children

CNC Children's Centre: This is a full service daycare facility with staff specially trained to care for children with disabilities such as FASD, Autism and Down's Syndrome. The centre has modified many traditional day care activities and structures to better meet the needs of all children, including children with FASD.

Cost recovery centre

Restorative Justice through Community Justice forums has two main objectives for individuals with FASD: First, to provide awareness and education to the community regarding the relationship between crime and Fetal Alcohol Spectrum Disorder (FASD). Second, to develop crime prevention programs and services that meet the needs of individuals with FASD. The assistance and advocacy work with the justice system and social service agencies is a critical component, which has prevented students from incarceration and helped them maintain custody of their children.

Funded By: National Crime Prevention Centre

Business Action Service Education (BASE):

BASE was created to be an innovative approach to further integrate individuals with FASD into the work force. Our objective is to increase employment and the skill level of adults affected by prenatal exposure to alcohol. This initiative will provide information to local businesses, work to develop supported employment and create self-employment /entrepreneurial opportunities for individuals with FASD.

Funded By: National Crime Prevention Centre

Family Centred Program: This long-standing program focuses on supporting at-risk families. It offers a wide variety of free community workshops, parenting courses, family drop-in programs and parents' drop-in. Many of the traditional modular parenting classes have been modified to meet the special learning needs of parents and families who are living with the effects of FASD. In addition, all staff are trained in FASD. Some additional programs include Canada Prenatal Nutrition/Community Kitchen, Roots of Empathy, and after school programs for at-risk youth.

Funded by: BC's Ministry of Children and Family Development

Early Intervention Services: This program offers the services of a speech and language pathologist, physical therapist and occupational therapist. Staff work closely with other children and family programs at the college in recognition of the value of a "hub approach" to early intervention. This program provides screening, assessment, therapy and support around a variety of concerns with a particular focus on children and families affected by FASD.

Funded by: BC's Ministry of Children and Family Development, Ministry of Health Services and School District #91

CNC provides indirect services to the six First Nations communities in the Lakes District and many other agencies. The community members have taken an active role in familiarizing themselves with FASD and engaged in many activities to support prevention, identification and intervention. The College has become a provincial and national resource for FASD education, awareness and programs.

FASD 260 Online

3CR (university credit course)

This course introduces students to the effects of prenatal alcohol exposure on the developing fetus and the related disabilities and challenges it presents for individuals with

FASD. It includes an introduction to the unique complexities that FASD presents to families and communities as well as to social, educational, criminal, financial and health care systems. Students will explore effective strategies for prevention and intervention at the family, community and professional levels. *This course carries general transfer credit to several universities and colleges.*

FASworld Canada

Ms. Bonnie Buxton, Brian Philcox, Founders

1509 Danforth Ave., Toronto ON M4J 5C3

Tel: (416) 465-7766 Fax: (416) 465-8890

E-mail: fasworldcanada@rogers.com Web Site: www.fasworld.com

Services: FASworld Canada is a pro-active, non-profit organization which strives to dramatically reduce the incidence of fetal alcohol disorders, reduce the incidence of secondary disabilities among individuals living with mental or physical damage caused by maternal drinking in pregnancy and to assist families and caregivers of people with fetal alcohol spectrum disorder (FASD). FASworld Canada works with health units, family support groups and other interested organizations who form the chapter network in communities across the country. Individuals and groups are invited to apply for membership or chapter status.

Health Canada, FASD Team

Ms. Mary Johnston, Manager

Division of Childhood and Adolescence

Room C967, Jeanne Mance Building

Tunney's Pasture, Postal Locator: 1909C2

Ottawa ON K1A 1B4

Tel: (613) 946-1779 Fax: (613) 946-2324

E-mail: mary_johnston@hc-sc.gc.ca Web Site: www.healthcanada.ca/fas

FASAT (Ontario)

Ms. Chris Margetson, Executive Director

c/o Homewood Health Center, CADS

100 - 49 Emma St.

Guelph ON N1E 6X1

Tel: (519) 822-2476 Fax: (519) 822-4895

E-mail: fasat@golden.net Web Site: home.golden.net/~fasat

Services: This organization has been developed in order to meet the needs of children across Ontario with FAS/FAE by providing training for the professionals and parents who work with and care for them, by advocating and supporting families and by being involved in activities related to prevention.

FASD Aboriginal Support Group

Ms. Marja George, R.N.

Kettle and Stony Point Health Center

P.O. Box 670

Forest ON N0N 1J0

Tel: (519) 786-5647 Fax: (519) 786-4541

E-mail: marjag@ksphs.on.ca

Services: Provides support and information to families and individuals affected by prenatal alcohol exposure. Support group meetings are held on the last Thursday of each month.

FASD Durham

Ms. Marian Cook

6 Hogan Cres., Bowmanville ON L1C 4X9

Tel: (905) 697-9064

E-mail: bcook0459@rogers.com

Services: FASD Durham provides training to service providers and parents and works within the community to meet the needs of children with FAS in the Durham Region; also coordinates a parent support group and the development of an identification and assessment team for Durham Children & Youth.

Allan Mountford, B.A., B.P.E., M.Ed

106 Coleman Crescent, Janetville, ON L0B 1K0

Tel: (705) 324-7801

E-mail: mountfrd@allstream.net

Services: Fetal Alcohol Spectrum Education Support provides support to educators and parents of children affected by FASD. From individual advocacy to Professional Development, the objective of FASES is to increase awareness of the pedagogical & behavioural implications of FASD and to provide educators with a paradigm and strategies to maximize the school experience for a student affected by FASD

FASD Ontario Region Lead**Ms. Sharri Kimberley**

Healthy Child Development Team

55 St. Clair Ave. East, 3rd Flr.

Toronto ON M4T 1M2

Tel: (416) 973-5659; (905) 690-7913 Fax: (905) 690-7917

E-mail: sharri_kimberley@hc-sc.gc.ca

FASworld - Hamilton and District

Ms. Margaret Sprenger, President

#2 - 241 Queen St. South, Mississauga ON L5M 1L7

Tel: (905) 821-1590

E-mail: margsprenger@sympatico.ca

Services: FASworld - Hamilton and District supports individuals and families affected by FASD, holds monthly meetings in Hamilton, disseminates knowledge and understanding of FASD and assists in the establishment of FASD diagnostic centers. You may also contact Rick and Martha Bradford at (905) 578-9091 or Barry and May Stanley at (905) 849-3860.

FASworld Toronto

Ms. Mary Cunningham, President

Brian Philcox, Executive Director

1509 Danforth Ave.

Toronto ON M4J 5C3

Tel: (416) 465-7766 Fax: (416) 465-8890

E-mail: fasworldcanada@rogers.com Web Site: www.fasworld.com

Services: Originally founded as Fetal Alcohol Support Network (Metropolitan Toronto and Peel), the group has changed its name in order to become the first chapter of FASworld Canada. The group meets on the second Saturday of the month at St. Michael's Hospital in Toronto in order to support families with members struggling affected by FASD. Membership is open to parents, care givers, professionals and others interested in FASD prevention. Call Brian for further information.

Fetal Alcohol Information Support Network

Ms. Theone Collins

P.O. Box 20022

150 Churchill Blvd.

Sault Ste. Marie ON P6A 6W3

Tel: (705) 946-0638 Fax: (705) 946-3004

E-mail: the1collins.fassm@sympatico.ca Web Site: www.soonet.ca/faisn

Services: The Network undertakes activities to help prevent alcohol related birth defects and provides support and information to those affected.

Fetal Alcohol Spectrum Disorder (FASD) Program

Ms. Maureen Parkes, FASD Coordinator

NorWest Community Health Centres

525 Simpson St., Thunder Bay ON P7C 3J6

Tel: (807) 622-8235 Fax: (807) 622-3548

E-mail: fas@norwestchc.org

Services: The program provides support for families, individuals of all ages and offers education to families and professionals in the community and offers non-medical assessments, resources, training, and advocate for programs and services for individuals affected by FASD. Referrals are made as necessary for clients to various organizations in the area.

Fetal Alcohol Spectrum Disorder Group of Ottawa

Ms. Elspeth Ross, Co-facilitator

Jill Courtemanche, Co-facilitator

Box 915, Rockland ON K4K 1L5

Tel: (613) 737-1122; (613) 446-4144 Fax: (613) 446-4144

E-mail: rosse@freenet.carleton.ca

Services: The group provides support for families, and information and education for families and professionals on the effects of alcohol on people of all ages, and importance of prevention.

Monthly meetings are held from October to June at the Children's Hospital of Eastern Ontario (CHEO). Please contact Elspeth Ross for further details.

Fetal Alcohol Support and Information Network (F.A.S.I.N.)

Mr. & Mrs. Dave and Margie Fulton

P.O. Box 100

Murillo ON P0T 2G0

Tel: (807) 935-3168 Fax: (807) 935-2198

E-mail: fulton@northroute.net

Services: F.A.S.I.N. provides support for families and individuals affected by FASD, education and training for professionals and the general community and a resource library for families, students and professionals.

Fetal Alcohol Syndrome Treatment and Education Centre Inc.

Ms. Jill Dockrill

202 Farley Ave.

Belleville ON K8N 4L5

Tel: (613) 968-8129 Fax: (613) 968-5263

E-mail: jillfastec@netscape.net

Services: This is a registered nonprofit organization with a mandate of awareness and prevention of FAS and advocacy for programs and services for individuals affected by prenatal alcohol

exposure and is currently working towards establishing a Supportive Living Environment and Education Centre. A support group for primary caregivers, parents and individuals with FAS/FAE called 'Circle of Friends' meets off-site, the first Tuesday of every month.

Healthy Generations Family Support Program

Ms. Judy Kay

Sioux Lookout and Hudson Association for Community Living
Box 1258

Sioux Lookout ON P8T 1B8

Tel: (807) 737-1447, Ext. 224 Fax: (807) 737-3833

E-mail: healthy@slhacl.on.ca Web Site: www.slhacl.on.ca/fasd

Services: Healthy Generations Family Support Program provides services to families raising children affected by FASD.

Kenora and area FAS/FAE Committee

Ms. Patti Dryden Holmstrom

c/o Addiction Services Kenora Youth Program Lake of the Woods District Hospital

12 Main St. South, Kenora ON P9N 1S7

Tel: (807) 467-3575 Fax: (807) 468-6093

E-mail: pdryden@lwdh.on.ca

Services: The Committee undertakes activities related to prevention and community awareness.

Native Child and Family Services of Toronto

201 - 464 Yonge St.

Toronto ON M4Y 1W9

Tel: (416) 969-8510 Fax: (416) 969-9251

Services: The following programs are available: Youth with FAS Support Group offers traditional and contemporary approaches to support aboriginal youth affected by FASD between the ages of 16-24; Children affected by FASD five day summer camp offers a safe and structured environment for children between the ages of 8 - 12, providing respite for caregivers; Parents affected by FASD Support Group is offered once a week and provides ongoing support for parents living with FAS (diagnosed or undiagnosed); Parenting Children affected by FASD is a ten week session that looks at education, behavioural and environmental techniques for caregivers and parents.

New Choices

Ms. Marilyn J. Guest, Program Manager

138 Herkimer St., Hamilton ON L8P 2H1

Tel: (905) 522-5556 Fax: (905) 522-6046

E-mail: mguest@interlynx.net

Services: New Choices is an innovative, collaborative, inter-agency program that offers single access services of information, support, treatment and advocacy to women who are pregnant or parents of young children (0-6 years). The goal of the program is to empower women to make new choices that will reduce the incidence and impact of child development delays caused by prenatal exposure to drugs/alcohol and/or the impacts of a woman's poverty, substance use, mental health, and abuse survivor issues upon her ability to optimally parent, provide and care for, her children. The flexible services are provided in a safe, welcoming environment and include parenting, lifeskills, social recreational, addiction/mental health, and child development assessment, education and therapy. Child care is provided on site.

North Bay Indian Friendship Centre

Mrs. Shelly Sawyer, FAS/FAE Child Nutrition Community Support

980 Cassells St., North Bay ON P1B 4A6

Tel: (705) 472-2811, Ext. 27 Fax: (705) 472-5251

E-mail: ssawyer@nbifc.org; fas-fae@nbifc.org Web Site: www.nbifc.org

Services: The FAS/FAE Child Nutrition program provides one-on-one support, referrals to health care providers and programs that are offered at the Centre, awareness workshops and presentations and includes a nutritional component for the Aboriginal community.

Northumberland Family Respite Services Inc.

Ms. Yvonne Brydges, Director

72 Walton St., Suite 1

Port Hope ON L1A 1N3

Tel: (905) 885-6671 Fax: (905) 885-9758

E-mail: nfrs@eagle.ca

Services: This agency provides support to families of children with FAS/FAE through its respite care program.

Ontario Federation of Indian Friendship Centres

Ms. Kim Meawasige, FAS/FAE Policy Analyst

219 Front St. East, Toronto ON M5A 1E8

Tel: (416) 956-7575 Fax: (416) 956-7577

E-mail: kmeawasige@offc.org Web Site: www.offc.org

Services: This program will assist with FAS/FAE resources available to urban Aboriginal people in Ontario. It offers both a traditional and contemporary approach to FAS, on-site training and consultations as well as intervention, prevention and programming including community development regarding FAS/FAE.

Ottawa Children's Treatment Centre (OCTC)

Ms. Margo Belanger-Deleo, Intake Coordinator

René Walinga, Intake Administrative Support

395 Smyth Rd., Ottawa ON K1H 8L2

Tel: (613) 737-0871; 1-800-565-4839 (toll free in Ontario) Fax: (613) 738-4841

E-mail: pahearn@octc.ca Web Site: www.octc.ca

Services: OCTC provides specialized bilingual ambulatory services to children, youth and certain adults with physical and/or developmental disabilities and their families. Clients eligible for the services at OCTC can receive, as required, diagnostic assessment, treatment, consultation and education from specialists like: physiotherapists; occupational therapists; speech-language pathologists; nurses; school, preschool and liaison teachers; psychologists; social workers; technical and medical specialists; developmental pediatricians; neurologists; psychiatrists; orthopedic surgeons; behaviour consultants, early childhood consultants and recreation therapists. Referrals are made to community resources as appropriate.

Sarnia/Lambton FAS/FAE Support Group

Ms. Deborah Dunn

388 Confederation St., Sarnia ON N7T 2A8

Tel: (519) 336-1576 Fax: (519) 336-7150

E-mail: deb000@hotmail.com Web Site: www.rivernet.net/~fas

Services: The purpose of this group is to support, educate and inform. A poster is available for purchase entitled 'Give your baby the best possible start in life'.

South West Regional Fetal Alcohol Parent Advisory Group

Mrs. Susan Kampers

R.R. #3, 23141 Thames Rd.

Appin ON N0L 1A0

Tel: (519) 289-0155 Fax: (519) 289-0635

E-mail: susan.kampers@sympatico.ca

Services: This group provides support and education to families with children diagnosed with FAS and is involved in public speaking within the community.

Thunder Bay Indian Friendship Centre

Ms. Kelly Hicks, Community Support Worker

401 North Cumberland St.

Thunder Bay ON P7A 4P7

Tel: (807) 345-5840, Ext. 253 Fax: (807) 344-8945

E-mail: kelly.hicks@shawcable.com Web Site: www.tbifc.com

Services: Provides support, information and education to families, professionals and community members on the effects of alcohol on people of all ages and the importance of prevention. Also provides referrals and support through the diagnostic process.

Timiskaming Brighter Futures

Ms. Darlene Grossinger or Pat Spadetto

6 Hudson Bay Ave., Kirkland Lake ON P2N 2H4

Tel: Darlene: (705) 567-5626; Pat: (705) 567-5926 Fax: (705) 567-2466

E-mail: dgrossinger@timiskamingchildren.org; pspadetto@timiskamingchildren.org

Services: To speak to the prenatal worker, please contact Darlene or Pat as listed above or for Englehart: (705) 544-2422; North Cobalt: (705) 672-3333.

Union of Ontario Indians - Anishinabek Health Commission

P.O. Box 711, North Bay ON P1B 8J8

Tel: (705) 497-9127, Ext. 2296; 1-877-702-5200, Ext. 2296 (toll free in Ontario) Fax: (705) 497-9135

E-mail: mcllau@anishinabek.ca

Services: Provides culturally-based training to aboriginal frontline workers located throughout the Anishinabek Nation. Four regional FASD program workers are available for First Nation workshops and health fairs. An FASD resource library is maintained and a number of culturally-based resources have been developed.

Waterloo FAS Support Group

Ms. Bonnie May

Regional Municipality of Waterloo Infant Development Program

P.O. Box 1612, 99 Regina St. South, 5th Flr., Waterloo ON N2J 4G6

Tel: (519) 883-2223 Fax: (519) 883-8102

Services: This is a support group for parents raising children suspected of prenatal alcohol exposure. Requests for information and for participation in workshops are responded to.