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## Mi'kmaq First Nation Healing Society

Mi'kmaq First Nation Healing Society  
is a non-profit organization serving  
people in Atlantic Canada.

### Goals & Objectives

- a. To provide workshops to empower the Communities in Nova Scotia through education, training, support and healing
- b. To provide counseling to Communities in Nova Scotia.
- c. To be a resource and educational centre for information regarding Fetal Alcohol Spectrum Disorder and Grief and Recovery Outreach Programs for Communities in Nova Scotia.
- d. To network and provide assistance in the form of workshops and other educational seminars in Nova Scotia and other provinces upon request

### Wholistic View

*“We are just now demanding that the Physical, Mental, Emotional and Spiritual needs of the unborn children be protected. It is not enough to preserve our land, our water, and our trees—by far our most natural resource is our unborn.”*

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### Della Maguire Executive Director

Della is of First Nation's Mi'kmaq ancestry, received her education in Addictions from Dalhousie University Halifax, NS. She is founder and Executive Director of the Mi'kmaq First Nation Healing Society.

Della hosted and was a trainer for a National Train the Trainer on FASD held in Halifax, NS in May

1999, from which a training manual entitled “Empowering Our Communities



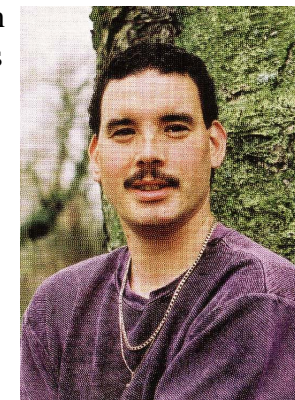
on FAS/FAE” was developed and is still a useful resource. Della brings 12 years of experience to the area of FASD. Della's flexibility with the delivery of her workshops, her experience and expertise, is capable of meeting the demands of various organizations at a national, provincial and community level. Her workshops are adequate to meet the needs of such organizations as:

- Health Canada, Dept of Justice Canada
  - Various FN Communities across Canada
  - Teachers In-Service
  - Lawyers
  - Human Resource Development Canada, etc
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### Francis Perry: Guest Speaker

Francis is of Mi'kmaq ancestry from the Afton First Nation, NS. Francis was diagnosed with FAS at the age of nineteen. Francis's comment at that time was “It was like a weight lifted off my shoulders”. With an earlier diagnosis, life could have been different for Francis and his parents. Francis worked with the Daily News in Truro. He also worked as a hydro ceramic technician at Frank & Gino's Restaurant.



He was featured in a documentary entitled “Reality of a Dream”, produced by Eastern Tide and aired on Aboriginal Television Network (APTN)

At present Francis is a Guest Speaker for the Mi'kmaq First Nation Healing Society. Sharing his knowledge for the program “Empowering Our Communities on FASD”. He uses his life experiences as a tool for communities to understand people living with FASD.

Francis is living in Truro, Nova Scotia and can be reached through the Mi'kmaq First Nation Healing Society. (902) 684-0104.

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## Workshops

### *Empowering Our Communities On FASD*

Fetal Alcohol Spectrum Disorder (FASD) is an umbrella term increasingly used to describe the spectrum of disabilities (and diagnoses) associated with prenatal exposure to alcohol. FASD is not itself a diagnostic term; rather the diagnoses under FASD umbrella include:

- Fetal Alcohol Syndrome (FAS)
- Partial FAS (pFAS)
- Alcohol-Related Neuro-developmental Disorder
- Alcohol-Related Birth Defects (ARBD)  
(Health Canada)

It has been over 100 years since First Nation Communities have been introduced to alcohol. FASD belongs to all of us: women and their partners, family members, extended family, community and nations.

**The Mi'kmaq First Nation Healing Society provides training and awareness workshops:**

*One day workshops*  
*18hrs (3 day) workshops*  
*Train the Trainer - week duration*  
*One-on-one Counseling*  
*Private Family Consultation*  
*Private Consultation*

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Through Education, Support and  
Healing FASD may be 100%  
Preventable

“These children are our ancestors— each birth is the spirit of our Grandmothers and Grandfathers— they walk in spirituality and they are our teachers.  
**“Respect and Protect them”.**

*Della Maguire*

***For further information***

***contact***

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## Mi'kmaq First Nation Healing Society



Specializing in  
Serving Aboriginal  
Communities  
with  
Respect  
Understanding  
Caring  
Forgiveness  
&  
Hope