

The Critical Weeks of Early Pregnancy

All of your baby's major organs begin forming in the early weeks of your pregnancy. Your health and nutrition and avoiding harmful substances are important.

Making healthy choices for yourself is the best way to protect your unborn baby. Anything you eat, drink, breathe, or touch can affect your baby's development, especially in the very sensitive period beginning at conception.

4 weeks → 7 weeks



HEART

28 days → 56 days



BRAIN

32 days after conception →



HANDS AND ARMS

5 weeks → 8 weeks



KIDNEYS

4 weeks → 7 weeks



STOMACH

4 weeks after conception →



LUNGS

28 days after conception →



FACE AND EYES