



PRENATAL EXPOSURE TO DRUGS/ALCOHOL

A listing of materials available at the Justice Institute Library

GENERAL BOOKS

Cocaine-Exposed Infants: Social, Legal, and Public Health Issues by James A. Inciardi, Hilary L. Surratt, and Christine A. Saum. Thousand Oaks, Calif.: Sage Publications. (RG 580 D76 I53 1997)

Give and Take: A Booklet for Pregnant Women About Alcohol and Other Drugs by Sara Raftis and Wendy Reynolds. Kingston, Ont.: AWARE Press for Alberta Alcohol and Drug Abuse Commission, Services for Women. (RG 580 S75 R244 2002)

Handle with Care: Helping Children Prenatally Exposed to Drugs and Alcohol by Sylvia Fernandez Villarreal, Lora-Ellen McKinney, and Marcia Quackenbush. Santa Cruz, Calif.: ETR Associates. (HV 5824 C45 V55 1992)

The Help Guide for Professionals Working with Women Who Use Substances: Screening, Intervention, Referral by Kathie Gavin. Edmonton, Alta.: Alberta Alcohol and Drug Abuse Commission, Services for Women. (HV 4993 W65 G284 2003)

Is It Safe for My Baby? Risks and Recommendations for the Use of Medication, Alcohol, Tobacco and Other Drugs During Pregnancy and Breastfeeding. Toronto, Ont.: Centre for Addiction and Mental Health. (RG 580 S75 I85 2003)

Living with Prenatal Drug Exposure: A Guide for Parents by Lissa Cowan and Jennifer Lee. Vancouver, B.C.: Groundwork Press. (RG 627.6 D79 C695 2003)

Mothers and Illicit Drugs: Transcending the Myths by Susan C. Boyd. Toronto, Ont.: University of Toronto Press. (HV 5824 W6 B693 1998)

Prenatal Exposure to Drugs/Alcohol: Characteristics and Educational Implications of Fetal Alcohol Syndrome and Cocaine/Polydrug Effects by Jeanette M. Soby. Springfield, Ill.: Charles C. Thomas. (LC 4806.4 S63 2006)

The SMART Guide: Motivational Approaches Within the Stages of Change for Pregnant Women Who Use Alcohol: A Training Manual for Service Providers by Wendy Reynolds ... [et. al.]. Toronto, Ont.: Breaking the Cycle. (RG 580 A46 S624 2004)

Substance Use and Pregnancy: Conceiving Women in the Policy-Making Process by Deborah Rutman. Ottawa, Ont.: Status of Women Canada. (RG 580 S75 S728 2000)

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With Child: Substance Use During Pregnancy, A Woman-Centred Approach edited by Susan C. Boyd and Lenora Marcellus. Halifax, N.S.: Fernwood Pub. (RG 580 D76 W584 2007)

FETAL ALCOHOL SYNDROME - BOOKS

Adults Living with FAS/E: Experiences and Support Issues in British Columbia by Deborah Rutman, Corey LaBerge, and Donna Wheway. Surrey, B.C.: FAS/E Support Network of B.C. (RG 629 F45 R883 2002)

Alcohol and Child/Family Health: The Proceedings of a Conference with Particular Reference to the Prevention of Alcohol-Related Birth Defects: October 28-29, 1988, Vancouver, British Columbia edited by Geoffrey C. Robinson and Robert W. Armstrong. Vancouver, B.C.: B.C. FAS Resource Group. (RG 629 F45 A43 1988)

Alcohol Use During Pregnancy and Awareness of Fetal Alcohol Syndrome and Fetal Alcohol Spectrum Disorder: Results of a National Survey: Final Report. Toronto, Ontario: Environics Research Group Limited. (RC 629 F45 A436 2007)
<http://www.phac-aspc.gc.ca/publicat/fas-saf-natsurv-2000/pdf/ap-ag-finalreport%5Fe.pdf>

Awareness of the Effects of Alcohol Use During Pregnancy and Fetal Alcohol Syndrome: Results of a National Survey: Final Report. Ottawa, Ont.: Health Canada. (RG 629 F45 A824 2000)
http://www.phac-aspc.gc.ca/dca-dea/publications/fas_final_report_e.html

BC FAS Community Action Guide: Working Together for the Prevention of Fetal Alcohol Syndrome. Victoria, B.C.: Adult Addiction Services. (RG 629 F45 B243 1998)

Best Practices, Fetal Alcohol Syndrome: Fetal Alcohol Effects and the Effects of Other Substance Use During Pregnancy by Gary Roberts and Jo Nanson. Ottawa, Ont.: Canada's Drug Strategy Division, Health Canada. (RG 629 F45 R624 2001)
http://www.hc-sc.gc.ca/ahc-asc/alt_formats/hecs-sesc/pdf/pubs/drugs-drogues/best_practices-meilleures_pratiques/bestpractices_e.pdf

Bibliography: Prevention of Fetal Alcohol Syndrome. Vancouver, B.C.: B.C. Prevention Resource Centre. (RG 629 F45 B526 1992)

The Challenge of Fetal Alcohol Syndrome: Overcoming Secondary Disabilities edited by Ann Streissguth and Jonathan Kanter. Seattle, Wash.: University of Washington Press. (RJ 520 P74 C46 1997)

Damaged Angels: A Mother Discovers the Terrible Cost of Alcohol in Pregnancy by Bonnie Buxton. Toronto, Ont.: A. A. Knopf Canada. (RG 629 F45 B897 2004)

Drinking and Pregnancy: Preventing Fetal Alcohol Syndrome by Sheila B. Blume. Minneapolis, MN: Johnson Institute. (RG 629 F45 B38 1981)

Fantastic Antone Grows Up: Adolescents and Adults with Fetal Alcohol Syndrome edited by Judith Kleinfeld, Barbara Morse, and Siobhan Wescott. Fairbanks, Alaska: University of Alaska Press. (RG 629 F45 F263 2000)

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Fantastic Antone Succeeds! Experiences in Educating Children with Fetal Alcohol Syndrome edited by Judith S. Kleinfeld and Siobhan Wescott. Fairbanks, Alaska: University of Alaska Press. (LC 4632 A4 F36 1993)

Fetal Alcohol Spectrum Disorder: A Strategic Plan for British Columbia. Victoria, B.C.: Govt. of British Columbia. (RG 629 F45 F453 2003)
http://www.mcf.gov.bc.ca/fasd/pdf/fasd_strategic_plan-final.pdf

Fetal Alcohol Spectrum Disorder Among Youth on Adjudicated Probation Orders: A Three Year Research Study. Report for Year I by Pam Munro, Julianne Conry, and Kimberly Lane. Maple Ridge, B.C.: Asante Centre for Fetal Alcohol Syndrome. (RG 629 F45 M864 2005)

Fetal Alcohol Spectrum Disorder and the Youth Justice Criminal System: A Discussion Paper by Paul Verbrugge. Ottawa, Ont.: Youth Justice Policy, Research and Statistics Division, Dept. of Justice Canada. (RG 629 F45 V474 2003)
<http://canada.justice.gc.ca/en/ps/rs/rep/rr03yj-6/rr03yj-6.pdf>

Fetal Alcohol Spectrum Disorder (FASD): A Framework for Action. Ottawa, Ont.: Health Canada. (RG 629 F45 F45 2003)

Fetal Alcohol Spectrum Disorder: Knowledge and Attitudes of Health Professionals About Fetal Alcohol Syndrome: Results of a National Survey. Ottawa: Public Health Agency of Canada. (RG 629 F45 F453 2005)
<http://www.phac-aspc.gc.ca/publicat/fasd-surv-etcaf-enquete/>

Fetal Alcohol Syndrome: A Call for Action in B.C. Victoria, B.C.: Ministry for Children and Families, the Children's Commission. (RG 629 F45 F485 2001)

Fetal Alcohol Syndrome Among Aboriginal People in Canada: Review and Analysis of the Intergenerational Links to Residential Schools by Caroline L. Tait. Ottawa, Ont.: Aboriginal Healing Foundation. (RG 629 F45 T237 2003)
<http://www.ahf.ca/publications/research-series>

Fetal Alcohol Syndrome and Fetal Alcohol Effects: Strategies for Professionals by Diane Malbin. Center City, Minn.: Hazelden. (RG 629 F45 M243 1993)

Fetal Alcohol Syndrome and the Criminal Justice System by Julianne Conry and Diane K. Fast. Vancouver, B.C.: BC Fetal Alcohol Syndrome Resource Society. (KEB 190.3 F47 C557 2000)

Fetal Alcohol Syndrome/Fetal Alcohol Effects: Training Program for Foster Parents: Trainer's Manual. Halifax, N.S.: Federation of Foster Families of Nova Scotia. (RG 629 F45 F4836 2001)
— Trainer's Manual + Participant's Resource Book)

Fetal Alcohol Syndrome/Effect: Developing a Community Response edited by Jeanette Turpin and Glen Schmidt. Halifax, N.S.: Fernwood. (RG 629 F45 F483 1999)

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Fetal Alcohol Syndrome: Implications for Correctional Service by Fred J. Boland ... [et al.]. Ottawa, Ont.: Correctional Service Canada, Corporate Development, Research Branch. (RG 629 F45 F484 1998)
http://www.csc-scc.gc.ca/text/rsrch/reports/r71/r71e_e.shtml

Finding Perspective: Raising Successful Children Affected by Fetal Alcohol Disorder by Liz Lawryk. Bragg Creek, Alta.: OBD Triage Institute Pub. (RG 629 F45 L294 2005)

Living with FASD: A Guide for Parents by Sara Graefe. Vancouver, B.C.: Ben Simon Press. (RG 629 F45 G72 2003)

Mother and Child Reunion: Preventing Fetal Alcohol Spectrum Disorder by Promoting Women's Health prepared by Nancy Poole. Vancouver, B.C.: British Columbia Centre for Excellence for Women's Health. (RG 629 F45 P666 2003)
http://www.bccewh.bc.ca/policy_briefs/FAS_Brief/FAS%20briefv6.pdf

The Motherisk Guide to Diagnosing Fetal Alcohol Spectrum Disorder by Gideon Koren and Irena Nulman. Toronto, Ont.: Motherisk Program, Hospital for Sick Children. (RG 629 F45 K6762002)

Recognizing and Managing Children with Fetal Alcohol Syndrome/Fetal Alcohol Effects: A Guidebook by Brenda McCreight. Washington, D.C.: CWLA Press. (RJ 629 F45 M137 1997)

Report on the Survey of Children with Chronic Handicaps and Fetal Alcohol Syndrome in the Yukon and Northwest British Columbia prepared by K.O. Asante and Joyce Nelms-Matzke. Terrace, B.C.: Mills Memorial Hospital. (RG 629 F45 A82 1985)

Research Update: Alcohol Use and Pregnancy: An Important Canadian Public Health and Social Issue by Colleen Anne Dell and Gary Roberts. Ottawa: Public Health Agency of Canada. (RG 629 F45 R47 2006)

Situational Analysis: Fetal Alcohol Syndrome: Fetal Alcohol Effects and the Effects of Other Substance Use During Pregnancy prepared by Carole Legge, Gary Roberts, and Mollie Butler. Ottawa, Ont.: Health Canada. (RG 629 F45 L434 2000)
<http://www.hc-sc.gc.ca/hecs-sesc/cds/pdf/EnglishSitAnalclosed.pdf>

Summary Report: National Forum On the FASD Diagnostic Guidelines. Ottawa, Ont.: Public Health Agency of Canada. (RG 629 F45 N287 2005)
http://www.phac-aspc.gc.ca/publicat/fasd-sr-etcaf-rs-05/pdf/fasd-etcaf-guidelines-06_e.pdf

Summary Report: National Thematic Workshop on FASD. Ottawa, Ont.: Public Health Agency of Canada. (RG 629 F45 N388 2005)
http://www.phac-aspc.gc.ca/publicat/fasd-ntw-etcaf-atn/pdf/thematic_meeting_report_e.pdf

Trying Differently: A Guide for Daily Living and Working with FAS and Other Brain Differences edited by Debbie Trudeau. Whitehorse, Yukon: Fetal Alcohol Syndrome Society Yukon. (RG 629 F45 T783 2005)

What We Have Learned: Key Canadian FASD Awareness Campaigns by Wendy Burgoyne. Ottawa: Public Health Agency of Canada. (RG 629 F45 W42 2006)
<http://www.phac-aspc.gc.ca/publicat/fasd-ac-etcaf-cs/index.html>

Youth in the Criminal Justice System: Identifying FAS and Other Alcohol-Related

Neurodevelopmental Disabilities researched by Julianne Conry, Diane K. Fast and Christine A. Loock. Vancouver, B.C.: B.C. Fetal Alcohol Syndrome Resource Society. (RG 629 F45 C657 1997)

FETAL ALCOHOL SYNDROME – AUDIO CDs

Fetal Alcohol Spectrum Disorder (FASD) Ottawa: Public Health Agency of Canada. (RG 629 F45 F475 2007)

Contains a variety of Public Health Agency of Canada publications concerning fetal alcohol spectrum disorder (FASD). These cover a range of concerns including: FASD national strategic projects fund; general FASD information; information written specifically for health and allied professionals; policy and national reports; public awareness; and information from the Agency archives.

FETAL ALCOHOL SYNDROME - DVDs

- D418 **FASD and the Criminal Legal System: Are We Criminalizing Disability?**
(DVD, 28 minutes)
Featuring court, prison and legal professionals, family members and a young person with Fetal Alcohol Spectrum Disorder, this program discusses key issues relating to FASD and the legal system. It highlights the need for diagnosis, long-term support and accomodation for those living with this permanent and invisible neuro-behavioural disability. (University of Victoria. School of Social Work) (RG 629 F45 F373 2007)
- D138 **Fetal Alcohol Spectrum Disorder and Employment: Supporting Adults Living with FASD on the Job** (DVD, 28 minutes)
Features six adults living with Fetal Alcohol Spectrum Disorder. Focuses on some of the employment-related experiences and challenges faced by people with FASD. Highlights suggestions and strategies useful on and off the job. (School of Social Work, University of Victoria) (RG 629 F45 R884 2004)
- D133 **Parenting with FASD: Challenges, Strategies and Supports** (DVD, 28 minutes)
Featuring four adults living and parenting with Fetal Alcohol Spectrum Disorder. This focuses on some of the parenting related experiences and challenges faced by people with FASD. Highlighted as well are strategies, suggestions and resources found to promote positive parenting. (School of Social Work, University of Victoria) (RG 629 F45 P274 2004)

FETAL ALCOHOL SYNDROME - VIDEOS

- V1718 **David with F.A.S.** (video, 45 minutes)
Provides a unique personal look at what it's like to grow up and live with the effects of FAS, through the words and experiences of a victim and his family. (National Film Board of Canada) (RG 629 F45 D284 1996)

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- V2985 **Different Directions: Understanding Fetal Alcohol Syndrome** (video, 22 minutes)
Parents tell their stories about their children affected by FAS and how they deal with all the problems. (Ontario's North for the Children) (RG 629 F45 F288 2002)
- V2966 **FAS: When the Children Grow Up** (video, 40 minutes)
This program tells the story of adults living with fetal alcohol syndrome (FAS) and fetal alcohol effects (FAE) -- some who were diagnosed early and others who were not -- and the events, programs, and people who made a difference in their lives. (Magic Lantern Group) (RG 629 F45 F288 2002)
- V794 **"Frances and Irene", Substance Abuse and Pregnancy** (video, 22 minutes)
Two cases are presented: the first is referred to the Pregnancy Outreach Centre and the second to the Wilp Si'sataw Community Healing Centre. Both institutions emphasize healthy lifestyle practices to assist in recovery from substance abuse. The latter offers a 6-week residential program incorporating some traditional Native beliefs. (Northwest Community College) (HV 5809.5 F725 1989)
- V2877 **A Judge's Perspective** (video, 56 minutes)
Judge Cunliffe Barnett first heard about fetal alcohol syndrome over 20 years ago when he attended an FAS workshop presented by Dr. David F. Smith. Shortly after, he was the presiding judge in a child protection hearing of a young boy with severe special needs who had been apprehended from alcoholic parents. With new understanding about the serious effects of alcohol use during pregnancy he requested an assessment for FAS for this youth. In this video Judge Barnett relates the story of Geoffrey who grew up to become both victim and offender. Through several case examples, Judge Barnett portrays the stories of people with FAS in the legal system and how their disability was all too often unrecognised and misunderstood by judges, lawyers, social workers and others. (Asante Centre for Fetal Alcohol Syndrome) (RG 629 F45 J836 2004)
- V1845 **Life Sentence Fetal Alcohol Syndrome** (video, 16 minutes)
Fetal alcohol syndrome can lead to learning disabilities, poor judgement and antisocial behaviour. New research suggests that Canadian prisons are full of victims of FAS, many of them undiagnosed. A study shows that 20-25 percent of prison inmates have some degree of FAS. The key is to identify children with FAS before they get into the justice system. (CBC International Sales) (RG 629 F45 L537 1997)
- V875 **Living and Learning with FAS** (video, 41 minutes)
This video presents examples of FAS children at the preschool, primary levels, as well as the problems of the young adult with this syndrome. Topics for educators include characteristics of FAS, assessment and diagnosis, the Infant Development Program in B.C., preschool settings and team approach for planning education, careers, and skills training. In addition, the video deals with parental concerns. (LENA Productions) (RG 629 F45 L585 1991)

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- V2878 **Mistakes I Have Made** (video, 28 minutes)
In this video, David Boulding admits to his mistakes as legal counsel defending clients with FASD (fetal alcohol spectrum disorder). However, his intention is not just to confess, but also to turn his experiences into a lesson for those in the legal profession who may one day find themselves working with these special needs clients. Some of the topics discussed include: the implications of FASD in the Canadian Charter of Rights and Freedoms; the concept of “not criminally responsible by reason of a mental disorder”; the tendency for clients with FASD to be impressionable, suggestible and easily misled; examples of assumptions that may seem reasonable for a typical client, but would not be appropriate for a client with FASD; and the importance of obtaining an FASD assessment. (Asante Centre for Fetal Alcohol Syndrome) (RG 629 F45 M585 2004)
- V1587 **A Mother’s Choice** (video, 27 minutes)
The video examines the root causes of fetal alcohol syndrome from the perspective of native mothers. Focuses on an FAS support group whose members provide strong messages about drinking while pregnant. (Gryphon Productions) (RG 627 F45 M683 1995)
- V903 **Preventing FAS** (video, 21 minutes)
This video, for professionals in community development, education and health, looks at primary and secondary prevention of FAS. Primary prevention aims to reduce alcohol consumption generally, and to raise public awareness of alcohol-related birth defects. Secondary prevention programs identify high-risk women, and help them to stop drinking. (LENA Productions) (RG 629 F45 P744 1991)
- V3047 **School of Hope: Teaching Kids with Fetal Alcohol Syndrome** (video, 12 minutes)
Features an innovative program at David Livingstone School, a public elementary school in Winnipeg, for FAS students. A few years ago, teachers decided to take on the responsibility for learning about and adapting to their students' particular physical and mental needs. They designed two special classrooms and used other tools to help with light and sound sensitivities to create a calming environment, and tailored teaching and feedback techniques to compensate for the challenges FAS children have in learning and gaining social acceptance. (Image Media) (LC 4806 S364 2002)
- V796 **Substance Abuse and Pregnancy: Fetal Alcohol Syndrome** (video, 24 minutes)
Dr. Asante describes fetal alcohol syndrome in detail, outlining the physical and behavioural manifestations characteristic of FAS newborns. He emphasizes that the condition is preventable and encourages families and society to provide the necessary support to stop FAS. (Northwest Community College) (RG 629 F45 S823 1989)
- V2773 **Talking with Victor** (video, 43 minutes)
Victor, a young adult affected with FAS, was charged with the crime of robbing a pizza parlour in October 1993. Although spurred by his cousin to commit the crime, Victor alone was charged and punished. This video, in 3 segments, provides insight into Victor’s life and his experience with the criminal justice system. The program includes an interview with Victor, interviews with Victor’s probation officer and advocate, and details of Victor’s experience in court. (Asante Centre for Fetal Alcohol Syndrome) (RG 629 F45 T248 2002)

V873

What is FAS? (video, 24 minutes)

This video provides an overview of Fetal Alcohol Syndrome (FAS). It explores the effects of alcohol on the fetus, related birth defects, the characteristics of FAS children and adults, as well as the personal and social effects of this problem. It promotes prevention via public education, particularly of high risk groups. (LENA Productions)
(RG 629 F45 W424 1989)

Other related bibliographies:

- Substance Abuse
- Substance Abuse in Corrections

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